Watch out for fatigue and distraction risk

Would you let your operators drive drunk?

As waking hours increase, ability to focus and react decreases. Cognitively, someone who is extremely fatigued is no more effective than someone who is drunk. Physiological condition at 17 hours awake mirrors the impairment experienced at a Blood Alcohol Content (BAC) of 0.05, legal intoxication in Australia.

Would your operators drive drunk?

You can’t brake when you’re asleep

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The impact of fatigue can be fatal. Commuting long distances and working rotating rosters can impact the safety and productivity of everyone on site.

Know your operators are protected 24/7

Fatigued operators are alerted immediately, and you can receive fatigue alerts and notifications directly from Safety Advisors in the 24/7 monitoring and reporting centre.

What does fatigue look like for other miners?

In a single 24/7 rostered shift, mine sites who undertook a Fatigue Risk Assessment (which tracks fatigue incidents without intervention) identified some alarming statistics.7

What does fatigue look like for other miners?

What’s the cost?

Safety meeting mining production goals requires alert, focused and efficient operators.

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Footnotes / References

3. 2007, Caterpillar Global Mining, Viewpoint
7. Caterpillar Monitoring Centre Data
8. forbes.com/sites/susanadams/2014/11/03/nearly-one-in-three-workers-falls-asleep-on-the-job/#3fb6fdc77e60

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